



40 DAYS
OF PRAYER
& FASTING
PRAYER
GUIDE

6TH WEEK



**40 DAYS OF
POWER**

25 JUNE - 3 AUGUST
5AM - 6PM (ONLINE)

WITH PASTOR MENSA OTABIL



@mensaotabil @icgcchrist & MyICGC App



WELCOME TO **40 DAYS OF POWER** WITH PASTOR MENSA OTABIL

Every year, I have the privilege of leading ICGC churches and God's people in Ghana and across the world to earnestly seek the face of God and trust Him to draw near to us, as we draw near to Him. This period of consecration, prayer and fasting has come to be known as **"40 Days of Power"**. Every year's experience is unique, but one thing has been common to this solemn period each year. That is the level of commitment I see from individuals, families, churches and groups to devote time and effort to fully engage with the process. It is heart-warming to hear of the many testimonies that continually affirm the faithfulness of God and the surety of His word.

From Thursday 25th June to Monday 3rd August 2020, we will embark on this year's spiritual journey as we fast and pray for our nation, for global missions, for nations and their presidents across the world, and also for our personal needs, divine guidance and divine protection.

This Prayer Guide affords us the opportunity to pray together in the same direction. Scripture affirms the benefit of this practice, that there is power in praying with agreement with others.

Over the past few months the world has experienced very trying times characterized by uncertainty and disruptions at various levels. Within this period, I started a daily broadcast called Word to Go to bring strength and encouragement from God's word to help us all weather the storms together. Over the period of 40 Days of Power, the prayer themes each day will be aligned with my Word to Go message. It is my prayer that listening to God's word and praying along the same lines will bring us collective strength for the times in which we live.

Each day's experience will start at 5am with a call to worship. At 5:30am, I will bring you the Word to Go for the day. Corporate prayers begin from right afterwards at 5:35am and continue for the whole day. Various pastors will continually be supporting you to pray online till the closing declaration from 5.55pm to 6.00pm.

When we fast, we ought to do it wisely and healthily to fully reap the spiritual benefits it provides. You will find included in this guide, some helpful tips on effective fasting. Endeavour to read and apply them.

Join me on this exciting spiritual journey with God. Faithfully commit to this period of consecration and as you do, you will experience the Lord in a new and special way. May He hear and answer our prayers as we fast and pray.

Shalom!

HELPFUL HINTS FOR FASTING

*The practice of regular fasting is a normal Christian behaviour taught by Jesus. In **Matthew 6:16–18**, Jesus provided guidelines for fasting. Fasting was also practiced by the early church as evidenced in **Acts 13:2**. It has been the regular discipline of believers throughout church history.*

Fasting has physical as well as spiritual benefits. It must be embarked on with spiritual commitment and wisdom. Everything should be done to the glory of God.

Do's Of Fasting

1. Prepare your body for the fast; cut back on food portions and eat smaller meals a few days prior to the fast.
2. Prevent constipation during and after the fast by eating fresh fruit and raw vegetables, fruit or vegetable juices, oatmeal, etc.
3. Drink lots of water when fasting.
4. Seek medical advice before the fast if you have any existing health conditions.
5. You can fast in many different ways. For example, a Daniel fast is one in which you consume only vegetables and water throughout. Pray and ask God what He will give you faith for the duration of the fast.
6. Have a clear target as your prayer focus. Without a vision or clear goal, the people perish. Write down your vision for the fast so you can run with it (**Habakkuk 2:2**).
7. Take time to pray and read the word. This may seem obvious, but busyness and distractions can keep you from daily devotions. Expect to hear God's voice in the word, dreams, visions, and revelations. Daniel prepared himself to receive revelation through fasting (**Daniel 10:1–2**).
8. Break your fast gradually. At this point you will need to exercise watchful self-control. Break your fast on a meal that is light and easy to digest (i.e., broth, a shredded apple, watermelon, or steamed vegetables).
9. Prepare for opposition. Satan tempted Jesus on the fast, and we must expect the same. Discouragement may come but take your stand on the victory of Christ.

Don'ts Of Fasting

1. Avoid high-fat and sugary foods before the fast.
2. Abstain from strong stimulants such as caffeinated and sugary drinks during a fast, including the artificial sweeteners found in diet drinks.
3. It is important after a fast to control your cravings and avoid overeating and nullifying the gains made during the fast.

I am excited that you are joining me on this fast. Commit to staying the course and fasting from the beginning to the end. I believe that God's glory will envelope our nation in a supernatural way as we wait upon the Lord.



GIVE THANKS TO THE LORD

*Oh, give thanks to the Lord, for He is good! For His mercy endures forever.
(1 Chronicles 16:34)*

DAY 33 - JULY 27

(5am - 11am)

Morning Reflection

1 Chronicles 16: 27-36

Honor and majesty are before Him; Strength and gladness are in His place. Give to the Lord, O families of the peoples, Give to the Lord glory and strength. Give to the Lord the glory due His name; Bring an offering, and come before Him. Oh, worship the Lord in the beauty of holiness! Tremble before Him, all the earth. The world also is firmly established, It shall not be moved. Let the heavens rejoice, and let the earth be glad; And let them say among the nations, "The Lord reigns." Let the sea roar, and all its fullness; Let the field rejoice, and all that is in it. Then the trees of the woods shall rejoice before the Lord, For He is coming to judge the earth. Oh, give thanks to the Lord, for He is good! For His mercy endures forever. And say, "Save us, O God of our salvation; Gather us together, and deliver us from the Gentiles, To give thanks to Your holy name, To triumph in Your praise." Blessed be the Lord God of Israel from everlasting to everlasting! And all the people said, "Amen!" and praised the Lord.

Personal

1. Come before the Lord today with thanksgiving for all His mercies and goodness you have enjoyed throughout this year.
2. Bless the Lord for His love showered upon you and your family.
3. Declare that as you walk with the Lord, His hand of goodness and mercy will rest upon you all the days of your life.

Guidance

4. Praise the Lord for making you see a new decade and for ordering your steps thus far.
5. Thank the Lord for providing a way of escape for you when the enemy arose against you and your family.
6. Appreciate the Lord for daily ordering your steps into His will.

Protection

7. Praise the Lord for His protective banner over your family throughout this week and for the rest of the year.
8. Thank the Lord for protecting you from getting infected with the COVID-19 virus.

Declaration

*Heavenly Father, you are good and your mercies endure forever. I declare that my family is an extension of your goodness and mercy. We are redeemed to do exploits. I boldly confess that my family will experience the fullness of God's goodness all the days of their lives. Thank you Lord. In Jesus' name. **Amen!***

(11am - 5pm)

Global Missions

9. Thank the Lord for His endless goodness and mercy which He has shown to the body of Christ.
10. Thank God for the lives of all missionaries in all parts of the world; praise Him for His grace that gives them strength each day.
11. Thank God for the redemption and salvation that He has offered to the unsaved people of this world through the works of His missionaries.

Nation Building

12. Bless the Lord for His mercy and goodness over your nation.
13. Show gratitude to the Lord for rescuing your nation from the destructive plots of the enemy.
14. Praise the Lord for the rich resources with which He has blessed and endowed your nation with.

Nations and Presidents

15. Ask for God's wisdom for world leaders and guidance to make decisions that will ensure productivity in their nations.
16. Thank God that the hearts of kings and leaders are in His hands; ask Him to direct the paths of the presidents, prime ministers and governors of the following nations to fulfill His purposes for their nations:
 - a. **Slovenia:** Capital – Ljubljana
 - President - Borut Pahor
 - Prime Minister – Janez Jansa
 - b. **Solomon Islands:** Capital – Honiara
 - Governor – David Vunagi
 - Prime Minister – Manasseh Sogavare
 - c. **Somalia:** Capital – Mogadishu
 - President – Mohamed Abdullahi Mohamed
 - Prime Minister – Hassan Ali Khayre
 - d. **South Africa:** Capital – Pretoria, Cape Town, Bloemfontein
 - President - Cyril Ramaphosa
 - e. **South Sudan:** Capital – Juba
 - President – Salva Kiir Mayardit

Declaration

In the name of Jesus, I declare that our nation is set apart to experience God's mercy and goodness. The nation is delivered from all forms of wickedness and we shall continually offer up our thanksgiving and praise to you Lord, in Jesus' name. Amen!

(5pm - 6pm)

Personal Needs

17. Bless the Lord for redeeming you from the wicked intentions of the enemy.
18. Declare that during this 40 days of Power you will experience the goodness of the Lord.
19. Proclaim that in this new decade, you shall encounter the wondrous workings and glories of the Lord.
20. Declare that thanksgiving and praise shall never depart from your mouth.

Thanksgiving

21. Bless the Lord for His everlasting goodness and mercy over your life and family.
22. Thank God for giving you power to triumph over the works of the enemy and turning your mourning into dancing again.
23. Praise Him in advance for His redemptive power made available to the lost people of this world.
24. Bless the Lord for the new opportunities He has presented to your nation in this new decade.

Scripture For Reflection

Psalm 107:1-4

Oh, give thanks to the Lord, for He is good! For His mercy endures forever. Let the redeemed of the Lord say so, Whom He has redeemed from the hand of the enemy, And gathered out of the lands, from the east and from the west, from the north and from the south. They wandered in the wilderness in a desolate way; They found no city to dwell in.

Declaration

*Thank you Father for your unending love towards me. I am the redeemed of the lord, therefore I am an heir of God and joint heirs with Christ Jesus. I am a partaker of Your divine nature and I thank you that all things work together for my good. I will praise you all the days of my life and with all of my might because you alone are worthy of my praise in Jesus' name. **Amen!***



DECLARE THE LORD'S PRAISES

Praise the Lord! Praise the Lord, O my soul! While I live I will praise the Lord; I will sing praises to my God while I have my being.
(Psalm 146:1-2)

DAY 34 - JULY 28

(5am - 11am)

Morning Reflection

Psalm 146:1-7

Praise the Lord! Praise the Lord, O my soul! While I live I will praise the Lord; I will sing praises to my God while I have my being. Do not put your trust in princes, Nor in a son of man, in whom there is no help. His spirit departs, he returns to his earth; In that very day his plans perish. Happy is he who has the God of Jacob for his help, Whose hope is in the Lord his God, Who made heaven and earth, The sea, and all that is in them; Who keeps truth forever; Who executes justice for the oppression. Who gives food to the hungry. The Lord gives freedom to the prisoners.

Personal

1. Come before God this morning with praises; command your soul to praise the Lord.
2. Give praise to the Lord for redeeming you and your family from destruction and setting your feet on a solid rock.
3. Honor the Lord for all the increase, substance and possessions with which He has blessed you.

Guidance

4. Praise the Lord for all the instructions and corrections He gives you through His word.
5. In appreciation, tell God how much you cherish hearing from Him.
6. Give praise to the Lord for His guidance and directions for your family at all times and in all situations.

Protection

7. Praise the Lord for being your shield and deliverance anytime you call upon the name of Jesus.
8. Acknowledge the healing power of God towards the sick and the afflicted all over the world; praise Him for deliverance from all manner of complications.

Declaration

I will praise You Lord! My soul will continually sing Your praises; with my life I will praise You. For the rest of my days I will praise you; for you have done exceedingly, abundantly above all that I can ever ask or imagine. You have given me life and I am forever grateful for your saving power. I will forever exalt and magnify You in Jesus' name. Amen!

(11am - 5pm)

Global Missions

9. Declare that the church everywhere will praise God; declare that their actions will always bring glory to Him.
10. Declare that as the church exalts the Lord in praise in every nation, all men will be drawn to the Saviour.
11. Pray that the Lord will manifest Himself to the nations; ask that God's name will be glorified in all nations of the world.

Nation Building

12. Thank God for the manifestation of His glory and power as praise is offered to Him throughout the nations of the world.
13. Declare the will of God for the nations of the world; pray that all things will work together according to God's purpose.
14. Pray for the leaders of your nation; ask that in their actions the name of the Lord shall be exalted and honored.

Nations and Presidents

15. Bless the Lord for the following nations and their leaders; ask that God will raise a standard against every force that seeks to bring them down in the name of Jesus.
16. Ask that for every one of these leaders, God will plant seeds of praise in their homes; pray that this praise will permeate throughout the entire nation.
 - a. **Spain:** Capital – Madrid
 - Monarch – Felipe VI
 - Prime Minister – Pedro Sanchez
 - b. **Sri Lanka:** Capital – Sri Jayawardenepura Kotte
 - President – Gotabaya Rajapaksa
 - Prime Minister – Mahinda Rajapaksa
 - c. **Sudan:** Capital – Khartoum
 - Prime Minister – Abdalla Hamdok
 - d. **Suriname:** Capital – Paramaribo
 - President – Desi Bouterse

Declaration

Heavenly Father in the name of Jesus, I thank You for the church and thank you for making it a channel of praise in the earth. I thank you for the manifestation of your glory and power as praise is offered to you throughout the nations of the earth. I commit the leaders of the nations into your hands. May they always be in your perfect will, and may Your praise continually be on the lips of the people in Jesus' name. Amen!

(5pm - 6pm)

Personal Needs

17. Ask the Lord to receive the sacrifice of your worship and praise that rises from your heart.
18. As you praise God receive new strength, the garment of praise for the spirit of heaviness and joy for sorrow and pain.
19. In the face of the storms of life, command your soul to bless the Lord. Pray that the Lord will come through for you each time you praise Him.
20. In your moment of praise, receive the glory of God to overshadow your household and to subdue the desires of the flesh.

Thanksgiving

21. Thank God for giving you life; bless Him for His continued provision in your life.
22. Celebrate the Lord as He inhabits your praise and crowns you with every spiritual blessing in Christ Jesus.
23. Celebrate the Lord as He is exalted and magnified in the nations of the world.
24. Declare that in all villages, towns and cities of your nation, the Lord shall be worshipped.

Scripture For Reflection

1 Peter 2:9-10

But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light; 10 who once were not a people but are now the people of God, who had not obtained mercy but now have obtained mercy.

Declaration

*Father I thank You today; I declare that You are my God and forever, my soul will praise You. I am fearfully and wonderfully made. You have filled my heart with joy and my mouth with laughter. I am an expression of Your love and grace. Thank You for the opportunity to come boldly into your throne to receive your mercy and grace. Receive your praise for what You have done and are about to do in Jesus' name. **Amen!***



BLESS THE LORD AT ALL TIMES

*I will bless the Lord at all times; His praise shall continually be in my mouth.
(Psalm 34:1)*

DAY 35 - JULY 29

(5am - 11am)

Morning Reflection

Psalm 34:1-10

I will bless the Lord at all times; His praise shall continually be in my mouth. My soul shall make its boast in the Lord; the humble shall hear of it and be glad. Oh, magnify the Lord with me, and let us exalt His name together. I sought the Lord, and He heard me, and delivered me from all my fears. They looked to Him and were radiant, and their faces were not ashamed. This poor man cried out, and the Lord heard him, and saved him out of all his troubles. The angel of the Lord encamps all around those who fear Him, and delivers them. Oh, taste and see that the Lord is good; blessed is the man who trusts in Him! Oh, fear the Lord, you His saints! There is no want to those who fear Him. The young lions lack and suffer hunger; but those who seek the Lord shall not lack any good thing.

Personal

1. Thank the Lord for preserving your life during the most challenging moments you encountered.
2. Appreciate the Lord for delivering you from trials, temptations and the storms of life.
3. Declare that in moments of trials and seasons of hardships, your praise will not fail.

Guidance

4. Bless the Lord for commanding His angels to keep charge over you and your family.
5. Thank the Lord for the wisdom and guidance provided for all health workers and scientists in their efforts made in the fight against the COVID-19 pandemic.
6. Thank the Lord for the wisdom and guidance He accorded leaders of the nations of the world in the fight against the COVID-19 pandemic.

Protection

7. Thank the Lord for His protection towards all health and frontline workers across the globe in the battle against the Corona Virus.
8. Thank the Lord for protecting your family and friends from getting infected with the virus.

Declaration

*Father, I acknowledge that everything I am and have; where I find myself today is because of Your grace and mercy. My soul will continually boast in you. Your name is faithful, and I praise your faithfulness. Thank you for keep us through these turbulent times in the world. I declare that the worst days are behind us. This pandemic will pass and there will be restoration in Jesus' name. **Amen.***

(11am - 5pm)

Global Missions

9. Thank God for the lives of pastors and church leaders, their families and their work all over the world.
10. Thank God for preserving the church and using her as a voice and agent of hope in the season of the COVID-19 pandemic.
11. Declare that as the righteous lift up praise and worship to God in these 40 days of Power, His glory will fill the earth.

Nation Building

12. Thank God for His good plans to prosper your nation; thank Him for the provision of abundance of resources on the earth.
13. Prophecy divine restoration of resources and economic recovery for all that the pandemic destroyed in the nations.
14. Declare a sevenfold restoration for businesses, entrepreneurs and industries who suffered loss of investment; release God's favour for each of them.

Nations and Presidents

15. Commit these nations and their presidents to God; ask Him to touch them with His redemptive power and fill them with His love and compassion for their people.
16. Intercede for the following nations; pray for God's peace and calm to endure in the land always.
 - a. **Eswatini:** Capital – Lobamba, Mbabane
 - King – Mswati III
 - Prime Minister – Ambrose Dlamini
 - b. **Sweden:** Capital – Stockholm
 - King – Carl XVI Gustaf
 - Prime Minister – Stefan Lofven
 - c. **Syria:** Capital – Damascus
 - President – Bashar al-Assad
 - Prime Minister – Hussein Arnous
 - d. **Taiwan:** Capital – Taipei
 - President – Tsai Ing-wen

Declaration

*God has spoken once and twice have I heard that power belongs to Him. By His power, churches and nations will rise from the ashes and devastation of the COVID-19 pandemic and all the nations shall give you glory. For you oh Lord will hear the cry of the nations and deliver them from all their troubles. Do it O Lord and take glory for your name in Jesus' name. **Amen!***

(5pm - 6pm)

Personal Needs

17. Appreciate the Lord's protective banner over your life during the COVID-19 pandemic.
18. Bless the Lord for providing for you and your family despite the economic hardships provoked by the world crisis.
19. Proclaim that in spite of everything you have lost during this pandemic, you will continually hope and trust in the Lord.
20. Bless the Lord for all the lessons you have learnt and opportunities you have gained from the pandemic.

Thanksgiving

21. Thank God for delivering your family from the evils of the pandemic.
22. Appreciate the Lord for all lives that were saved across the globe throughout the most difficult times over the past months.
23. Thank God for the lives of all philanthropists and volunteers who sacrificed their time and resources to help fight the COVID-19 pandemic.
24. Bless the Lord for sustaining all people who lost their jobs and businesses to the COVID-19 pandemic.

Scripture For Reflection

Luke 1:46-50

And Mary said: "My soul magnifies the Lord, And my spirit has rejoiced in God my Savior. For He has regarded the lowly state of His maidservant; For behold, henceforth all generations will call me blessed. For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation.

Declaration

*Father, in the name of Jesus, I offer unto You praise and thanksgiving. You have been my shield and protection and my deliverer. You have delivered, healed and provided for me in these uncertain times and I proclaim Your praise. I continue to put my trust in You, believing that come what may, you will never leave or forsake me. I thank You in Jesus' name. **Amen!***



TESTIFY OF THE LORD'S GOOD WORKS

The woman then left her waterpot, went her way into the city, and said to the men, "Come, see a Man who told me all things that I ever did. Could this be the Christ?" Then they went out of the city and came to Him."

(John 4:28-30)

DAY 36 - JULY 30

(5am - 11am)

Morning Reflection

John 4:7-30

A woman of Samaria came to draw water. Jesus said to her, "Give Me a drink." For His disciples had gone away into the city to buy food. Then the woman of Samaria said to Him, "How is it that You, being a Jew, ask a drink from me, a Samaritan woman?" For Jews have no dealings with Samaritans. Jesus answered and said to her, "If you knew the gift of God, and who it is who says to you, 'Give Me a drink,' you would have asked Him, and He would have given you living water." The woman said to Him, "Sir, You have nothing to draw with, and the well is deep. Where then do You get that living water? Are You greater than our father Jacob, who gave us the well, and drank from it himself, as well as his sons and his livestock?" Jesus answered and said to her, "Whoever drinks of this water will thirst again, but whoever drinks of the water that I shall give him will never thirst. But the water that I shall give him will become in him a fountain of water springing up into everlasting life." The woman said to Him, "Sir, give me this water, that I may not thirst, nor come here to draw." Jesus said to her, "Go, call your husband, and come here." The woman answered and said, "I have no husband." Jesus said to her, "You have well said, 'I have no husband,' for you have had five husbands, and the one whom you now have is not your husband; in that you spoke truly." The woman said to Him, "Sir, I perceive that You are a prophet. Our fathers worshiped on this mountain, and you Jews say that in Jerusalem is the place where one ought to worship." Jesus said to her, "Woman, believe Me, the hour is coming when you will neither on this mountain, nor in Jerusalem, worship the Father. You worship what you do not know; we know what we worship, for salvation is of the Jews. But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him. God is Spirit, and those who worship Him must worship in spirit and truth." The woman said to Him, "I know that Messiah is coming" (who is called Christ). "When He comes, He will tell us all things." Jesus said to her, "I who speak to you am He." And at this point His disciples came, and they marveled that He talked with a woman; yet no one said, "What do You seek?" or, "Why are You talking with her?" The woman then left her waterpot, went her way into the city, and said to the men, "Come, see a Man who told me all things that I ever did. Could this be the Christ?" Then they went out of the city and came to Him.

Personal

1. Bless the Lord for His gifts embedded in you; magnify Him for His good works in your life.
2. Thank God because He is good and causes you to triumph in Christ Jesus His Son.
3. Worship the Lord for He has made us the fragrance of Christ; to testify of His good works in every place.

Guidance

4. Thank God for making all crooked paths straight and delivering you from the lies of the enemy; thank Him because you walk in power, love and a sound mind.
5. Bless the Lord for always being by your side; praise Him for His constancy and faithfulness.
6. Ask the Lord to help you to walk in a manner worthy of Him; may your lines fall in pleasant places as you do so.

Protection

7. Proclaim that it is by the Lord's mercies that you are not consumed; declare that you are an expression of His faithfulness.
8. Appreciate and magnify the Lord for His watchful eyes which are always upon your family, loved ones and friends.

Declaration

Lord, I affirm that You have made me the fragrance of Christ, testifying of Your good works in every place. Thank You, Lord for all that You have done for me; I will testify of Your good works today and forever in Jesus' name. Amen!

(11am - 5pm)

Global Missions

9. Pray for the church to be a light of hope in communities and cities where God has placed them; pray for an outpouring of love, compassion and service, in Jesus' name.
10. Pray for Christian missions worldwide, especially those in deprived communities; ask God to favour them with resources and carry them through for His glory.
11. Declare that in all nations of the world, children will be a testimony of the goodness, love and tender mercies of God.

Nation Building

12. Proclaim the goodness of the Lord over the economy of your nation; testify and praise Him for the opportunities and discoveries He given your nation.
13. Thank God for all workers in your nation; praise Him for their productive efforts, and for His protection and preservation of their lives.
14. Bless the Lord for all entrepreneurs and inventors; thank God for their innovation, resilience and work which contributes to the growth of your nation's economy.

Nations and Presidents

15. Commit the following nations into the hands of God; pray for their presidents; thank God for His providential hand stretched over them.
16. Pray that the leaders of the nations will purpose to testify of the good works of God.
 - a. **Tajikistan:** Capital – Dushanbe
 - President – Emomali Rahmon
 - Prime Minister – Kokhir Rasulzoda
 - b. **Tanzania:** Capital – Dodoma
 - President – John Magufuli
 - Prime Minister – Kassim Majaliwa
 - c. **Thailand:** Capital – Bangkok
 - Monarch – Maha Vajiralongkorn
 - Prime Minister – Prayut Chan-o-cha
 - d. **Timor-East:** Capital – Dili
 - President – Francisco Guterres
 - Prime Minister – Jose Maria Vasconcelos

Declaration

Lord I commit these nations to You; let Your good works be manifest in these lands, and may these nations testify that You are good and Your faithfulness endures forever. I thank You that the fragrance of Your knowledge goes out into every place upon the earth as Your children testify of Christ's work in them. Bring transformation on the wings of this testimony in Jesus' Name. Amen!

(5pm - 6pm)

Personal Needs

17. Pray and disassociate yourself from every spirit of ingratitude; receive a heart of contentment in the name of Jesus.
18. Ask the Lord to surround you with the atmosphere of gratitude; pray that you will begin to realize that everything is working for your good.
19. Pray and release your family from every negative cycle; declare that you and your family will testify of the good works of the Lord.
20. As a child of God, declare that you will always testify of God's goodness even in the face of troubles; come against every tendency to complain and receive a heart of gratitude.

Thanksgiving

21. Thank God for victory in Christ Jesus; pray that as you abide in Him, your life will be a testimony to all.
22. Bless the Lord because He has translated us from the kingdom of darkness to the kingdom of His Son; thank Him for His continued protection and guidance.
23. Thank God for His word that comes to you today; declare that you will testify of the good works of the Lord at all times.
24. Celebrate the Lord for making you an agent of His knowledge being shared across the world.

Scripture For Reflection**Psalm 124:1-8**

"If it had not been the Lord who was on our side," Let Israel now say—"If it had not been the Lord who was on our side, When men rose up against us, Then they would have swallowed us alive, When their wrath was kindled against us; Then the waters would have overwhelmed us, The stream would have gone over our soul; Then the swollen waters would have gone over our soul." Blessed be the Lord, who has not given us as prey to their teeth. Our soul has escaped as a bird from the snare of the fowlers; the snare is broken, and we have escaped. Our help is in the name of the Lord, who made heaven and earth.

Declaration

Father, You are my God. From the rising of the sun to the setting of the same, You are God! I thank you that you call me by name; You know all there is know about me. Like the Psalmist, I praise for knowing me completely. I testify today that You are good O Lord. Because You will never change, I am confident, the Your goodness and mercy to me shall never run dry. May the words of my mouth and the meditation of my heart be acceptable to You my Lord and my God. Thank for today in Jesus' name. Amen!



REMEMBER THE LORD'S BENEFITS

*"Bless the Lord, O my soul, And forget not all His benefits:"
(Psalm 103:2)*

DAY 37 - JULY 31

(5am - 11am)

Morning Reflection

Psalm 103:1-5

Bless the Lord, O my soul; and all that is within me, bless His holy name! Bless the Lord, O my soul, and forget not all His benefits: who forgives all your iniquities, who heals all your diseases, who redeems your life from destruction, who crowns you with lovingkindness and tender mercies, who satisfies your mouth with good things, so that your youth is renewed like the eagle's.

Personal

1. Bless the Lord for His goodness and mercy that has brought you this far.
2. Worship the Lord for His sovereignty over all creation.
3. Proclaim His majestic splendor and reaffirm His lordship over your life.

Guidance

4. Pray that your mind will always be stayed on the Lord; claim every benefit available to you as you follow Him diligently.
5. Declare that today your steps are ordered by the Lord; proclaim that your paths will fall in pleasant places.
6. Honor the Lord for causing all things, good and evil to work together for the good of your family according to His purpose.

Protection

7. Thank God for healing you from all physical, spiritual and emotional afflictions.
8. Bless the Lord for His divine counsel and deliverance that caused you to escape dangers that were not discernable to your senses.

Declaration

*Father, in the name of Jesus; today I remember all that You have done for my family and I. I acknowledge that it is by Your mercies we are not consumed. We have flourished because of Your grace and we joyfully bring to You our sacrifices of praise. May it ascend to Your throne and may You delight in it in Jesus' name. **Amen!***

(11am - 5pm)

Global Missions

9. Pray for the salvation of people in authority all over the world; ask God to raise up leaders with love and reverence for His name.
10. Thank God for providing financial resources to churches and missionaries across the globe as they embark on their missionary work.
11. Thank God for hearing and answering all prayers offered on behalf of missions, missionaries, churches and pastors during the 40 days of Power.

Nation Building

12. Thank the Lord for all government agencies and institutions; bless the Lord for their role in the fulfilment of nation building.
13. Bless the Lord for the good things He has prepared for the exaltation and prosperity of your nation.
14. Thank God for hearing and answering all prayers offered on behalf of your nation during the 40 days of Power.

Nations and Presidents

15. Bless the Lord for His covering, protection, preservation and provision for all national leaders.
16. Thank the Lord for national leaders; from presidents to legislators, monarchs, governors, local authorities among others who have come to the saving knowledge of Jesus Christ.
 - a. **Togo:** Capital – Lome
 - President – Faure Gnassingbe
 - Prime Minister – Komi Selom Klassou
 - b. **Tonga:** Capital – Nuku Alofa
 - King – Tupou VI
 - Prime Minister – Pohiva Tu‘i‘onetoa
 - c. **Trinidad and Tobago:** Capital – Port of Spain
 - President – Paula-Mae Weekes
 - Prime Minister – Keith Rowley
 - d. **Tunisia:** Capital – Tunis
 - President – Kais Saied
 - Prime Minister – Elyes Fakhfakh
 - e. **Turkey:** Capital – Ankara
 - President – Recep Tayyip Erdogan

Declaration

Father, in the name of Jesus, I declare that these nations and their leaders are coming to Your saving knowledge. I proclaim that Your praise and works will not depart from their lips. Leader will testify to fellow leader until all affirm Jesus as Lord and Saviour. May your church continually acknowledge that every good and perfect gift comes from You. As they appreciate You, may the windows of heaven be perpetually open. Pour down more blessing and benefits in Jesus' name. Amen!

(5pm - 6pm)

Personal Needs

17. Appreciate the Lord for all He has done for you; affirm that you will not forget His benefits.
18. Proclaim that in all things, at all times and under all circumstances, you shall testify of the goodness of the Lord.
19. Testify that your household and generations that will come after you will serve the Lord and tell of His wondrous works.
20. Declare your gratitude to the Lord for strengthening you to fast and pray during these 40 days of power.

Thanksgiving

21. Give thanks to God for His sufficient grace that is at work in your life and for every answered prayer in the season of 40 days of Power.
22. Bless the Lord for all His benefits showered on your family; count your family's blessings and name them one by one.
23. Magnify the Lord for the abundant benefits He has accorded your nation; declare that by the goodness of the Lord, your nation will not fail.
24. Give thanks to God for all the nations and communities that are coming to His saving knowledge.

Scripture For Reflection

Psalm 148:1-6

Praise the Lord! Praise the Lord from the heavens; Praise Him in the heights! Praise Him, all His angels; Praise Him, all His hosts! Praise Him, sun and moon; Praise Him, all you stars of light! Praise Him, you heavens of heavens, And you waters above the heavens! Let them praise the name of the Lord, For He commanded and they were created. He also established them forever and ever; He made a decree which shall not pass away.

Declaration

*Heavenly Father, today I celebrate Your love, grace and mercy toward me, my family, church and nation. Lord we are under Your care and power. Are needs are met in You. We rest in your loving provision for us. You are the Good shepherd, we are the sheep; You are the Vine and we are the branches. We will continue to abide in You and enjoy your benefits in Jesus' name. **Amen!***



PRAISE IS YOUR WEAPON

*Out of the mouth of babes and nursing infants, You have ordained strength, Because of Your enemies, That You may silence the enemy and the avenger.
(Psalm 8:2)*

DAY 38 - AUGUST 1

(5am - 11am)

Morning Reflection

Psalm 8:1-8

Lord, our Lord, How excellent is Your name in all the earth, Who have set Your glory above the heavens! Out of the mouth of babes and nursing infants. You have ordained strength, Because of Your enemies, That You may silence the enemy and the avenger. When I consider Your heavens, the work of Your fingers, The moon and the stars, which You have ordained, What is man that You are mindful of him, And the son of man that You visit him? For You have made him a little lower than the angels, And You have crowned him with glory and honor. You have made him to have dominion over the works of Your hands; You have put all things under his feet, All sheep and oxen—Even the beasts of the field, The birds of the air, And the fish of the sea That pass through the paths of the seas. O Lord, our Lord, How excellent is Your name in all the earth!

Personal

1. Praise and thank God for the truth of His word and His trustworthy promises.
2. Exalt the Lord because He is mighty and stronger than every enemy.
3. Thank the Lord for giving you effective weapons to fight the battles of life.

Guidance

4. Ask the Lord to guide you to discover the power there is in praise.
5. Pray for God's wisdom on how to effectively use praise in battle.
6. Ask the Holy Spirit to help you develop the habit of praising God till it becomes your lifestyle.

Protection

7. Plead the blood of Christ over your life and family.
8. Declare that every calamity will pass over your life and those you love.

Declaration

I declare today that I am God's child. The weapons of my warfare are mighty in God. I shout my highest praise to the Lord; I extol Him for His power and goodness. He is merciful, kind and longsuffering. Praise be to His name forever. I overcome and prevail in every battle of my life by reason of my praise in Jesus' name. Amen!

(11am - 5pm)

Global Missions

9. Ask the Lord to grant the church a fresh awareness of the battle being fought with the kingdom of darkness for the souls of men.
10. Pray for ministers of the gospel; ask the Lord to guide them in equipping the saints with knowledge about praise.
11. Prophecy divine interventions from the Lord as missionary groups pursue the great commission in distant communities.

Nation Building

12. Praise the Lord for how far the nation has come in its development since independence.
13. Intercede for every citizen; pray that people will see the responsibility of developing the nation as theirs.
14. Pray for hope and a positive mindset for all citizens; ask that people will see the possibility of developing into a first world country.

Nations and Presidents

15. Ask the Lord to pour out His wisdom over leaders of the following nations and grant them tact and insight to govern.
16. Intercede for the following nations; cast out every spirit of manipulation and evil influence from the camp of the enemy.
 - a. **Turkmenistan:** Capital – Ashgabat
 - President – Gurbanguly Berdimuhamedow
 - b. **Tuvalu:** Capital – Funafuti
 - Governor General – Iakoba Italeli
 - Prime Minister – Kausea Natano
 - c. **Uganda:** Capital – Kampala
 - President – Yoweri Museveni
 - Prime Minister – Ruhakana Rugunda
 - d. **Ukraine:** Capital – Kiev
 - President – Volodymyr Zelensky
 - Prime Minister – Denys Shmyhal
 - e. **United Arab Emirates:** Capital – Abu Dhabi
 - President – Khalifa bin Zayed Al Nahyan
 - Prime Minister – Mohammed bin Rashid Al Maktoum

Declaration

*I declare in Jesus' name that the church is on the Lord's side; greater are they that are for us than they that are against us. God inhabits the praise of His people. We wage a good warfare and win because we praise the Lord. He is King over all the nations. I declare that His will, will be done on earth as it is in heaven in the Church and in these nations in Jesus' name. **Amen!***

(5pm - 6pm)

Personal Needs

17. Praise the Lord for the beauty of His holiness and greatness.
18. Cast out every spirit of timidity the enemy fights against you with; declare that you prevail always with praise.
19. Commit your life into the Lord's hands; declare that you will not give up in any battle you are currently facing.
20. Rebuke every spirit of heaviness and discouragement; embrace praise and sing a new song unto the Lord.

Thanksgiving

21. Extol the Lord for His wisdom displayed in your life.
22. Thank God for the pillar of truth, the church; praise Him for the many that are turning to the Church for the truth about God.
23. Celebrate every victory the Lord has granted you in battles.
24. Thank the Lord for giving you a new song to sing.

Scripture For Reflection

2 Chronicles 20:20-23

So they rose early in the morning and went out into the Wilderness of Tekoa; and as they went out, Jehoshaphat stood and said, "Hear me, O Judah and you inhabitants of Jerusalem: Believe in the Lord your God, and you shall be established; believe His prophets, and you shall prosper." And when he had consulted with the people, he appointed those who should sing to the Lord, and who should praise the beauty of holiness, as they went out before the army and were saying: "Praise the Lord, For His mercy endures forever." Now when they began to sing and to praise, the Lord set ambushes against the people of Ammon, Moab, and Mount Seir, who had come against Judah; and they were defeated. For the people of Ammon and Moab stood up against the inhabitants of Mount Seir to utterly kill and destroy them. And when they had made an end of the inhabitants of Seir, they helped to destroy one another.

Declaration

*Father in heaven, I thank You for bringing me this far in my walk with You; it has not been by might, nor by power but by Your Spirit. I celebrate Your goodness in my life, family and friends. I declare today that I shall win my battles as I employ the weapon of praise. When the enemy comes against me, my family, the church and the nation in one way, He shall flee in seven ways. I decree and establish this in Jesus' name. **Amen!***



PRAISE BRINGS BREAKTHROUGH

But at midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them. Suddenly there was a great earthquake, so that the foundations of the prison were shaken; and immediately all the doors were opened and everyone's chains were loosed. (Acts 16:25-26)

DAY 39 - AUGUST 2

(5am - 11am)

Morning Reflection

Acts 16:16-26

Once when we were going to the place of prayer, we were met by a female slave who had a spirit by which she predicted the future. She earned a great deal of money for her owners by fortune-telling. She followed Paul and the rest of us, shouting, "These men are servants of the Most High God, who are telling you the way to be saved." She kept this up for many days. Finally Paul became so annoyed that he turned around and said to the spirit, "In the name of Jesus Christ I command you to come out of her!" At that moment the spirit left her. When her owners realized that their hope of making money was gone, they seized Paul and Silas and dragged them into the marketplace to face the authorities. They brought them before the magistrates and said, "These men are Jews, and are throwing our city into an uproar by advocating customs unlawful for us Romans to accept or practice." The crowd joined in the attack against Paul and Silas, and the magistrates ordered them to be stripped and beaten with rods. After they had been severely flogged, they were thrown into prison, and the jailer was commanded to guard them carefully. When he received these orders, he put them in the inner cell and fastened their feet in the stocks. About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them. Suddenly there was such a violent earthquake that the foundations of the prison were shaken. At once all the prison doors flew open, and everyone's chains came loose.

Personal

1. Ask the Lord to strengthen your heart to stand when you face trials and disappointments.
2. Confess to yourself that "God is able to carry me through every storm".
3. Ask the Holy Spirit to remind you of God's faithfulness to you in past times; pray that you will be enabled to face every difficult time.

Guidance

4. Pray for the discipline to pray and meditate on God's word continually to receive His guidance.
5. Pray for the Lord's leading through His word; ask for His mercy to always find scripture that is appropriate to your situation.
6. Ask the Lord for an obedient heart that seeks to follow His will in every matter of your life.

Protection

7. Pray for focus to concentrate on the great sacrifice of Christ for your sin; praise Him for that sacrifice.
8. Ask the Lord to grant you a revelation of your position in Christ as you lift praises to Him.

Declaration

Father, I come to You with the confidence that I am accepted and loved. I declare that You are my King and I shall serve and praise You with all of my life. I dedicate and consecrate my body to You as a living sacrifice for this purpose. I declare that my breakthrough is coming. I will not relent but continue to praise You till the battle is won in Jesus' name. Amen!

(11am - 5pm)

Global Missions

9. Pray for a revival of joyous praise for the Lord and a spirit of reverence for God.
10. Ask the Lord for breakthroughs against every persecution brought against the church to hinder her advance to reach the unreached.
11. Pray for a stirring of spiritual gifts among believers as He inhabits the praise of the saints.

Nation Building

12. Praise the Lord for the restoration of faith, hope and strength as the nation rebuilds what was lost to the COVID-19 pandemic.
13. Celebrate God for the innovation the pandemic has inspired to build better structures and systems for society.
14. Declare over the land the move of God's power; decree that there shall be double for all that has been lost.

Nations and Presidents

15. Ask the Lord to inspire in leaders a revelation of the benefit of living and ruling according to godly principles.
16. Ask the Lord to bring change and clear transformation as these countries live according to God's laws and statutes:
 - a. **United States of America:** Capital – Washington, D.C.
 - President – Donald Trump
 - b. **United Kingdom:** Capital – London
 - Queen – Elizabeth II
 - Prime Minister – Boris Johnson
 - c. **Uruguay:** Capital – Montevideo
 - President – Luis Lacalle Pou
 - d. **Uzbekistan:** Capital – Tashkent
 - President – Shavkat Mirziyoyev
 - Prime Minister – Abdulla Aripov
 - e. **Vanuatu:** Capital – Port Vila
 - President – Tallis Obed Moses
 - Prime Minister – Bob Loughman

Declaration

I declare in the name of Jesus that the Spirit of the Lord is upon the church. The church marches on in the power of Christ and breakthroughs every opposition. There shall be great victory with every evangelist and missionary work. As praise ascends to heaven, the blessing of increase comes down on each of these nations. I break every front erected against the advance of the kingdom in these nations. Culture, contrary belief systems and every other opposition shall not stand in Jesus's name. Amen!

(5pm - 6pm)

Personal Needs

17. Surrender every wish and desire that competes with your love for the Lord.
18. In the name of Jesus, renounce every association with sin that restricts you from breaking through in your life.
19. Declare that nothing will rob you of the privilege of offering God your praise.
20. Intercede for the members of your family; declare that you and your household will serve the Lord.

Thanksgiving

21. Thank God for His mercies that sent Christ to die for us.
22. Thank Him for giving you His Holy Spirit as your comforter and companion through life.
23. Celebrate God for giving you victory in all your battles; you have come this far by grace!
24. Praise the Lord for giving examples of His delivering power to inspire you to believe in Him.

Scripture For Reflection

2 Chronicles 5:11-14

And it came to pass when the priests came out of the Most Holy Place (for all the priests who were present had sanctified themselves, without keeping to their divisions), and the Levites who were the singers, all those of Asaph and Heman and Jeduthun, with their sons and their brethren, stood at the east end of the altar, clothed in white linen, having cymbals, stringed instruments and harps, and with them one hundred and twenty priests sounding with trumpets—indeed it came to pass, when the trumpeters and singers were as one, to make one sound to be heard in praising and thanking the Lord, and when they lifted up their voice with the trumpets and cymbals and instruments of music, and praised the Lord, saying: “For He is good, For His mercy endures forever;” that the house, the house of the Lord, was filled with a cloud, so that the priests could not continue ministering because of the cloud; for the glory of the Lord filled the house of God.

Declaration

I confess that Jesus is my Savior and Lord. He has ransomed me with His blood; I have been bought at a precious price. I acknowledge that my life and my body are not my own; they belong to God. I will live my life to praise and worship God as I present myself as instrument of righteousness. I declare that breakthrough is a daily feature in my life as I cultivate a lifestyle of praise. It is my portion in Jesus' name. Amen!



WORSHIP THE LORD WITH THANKSGIVING

*Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name.
(Hebrews 13:15)*

DAY 40 - AUGUST 3

(5am - 11am)

Morning Reflection

Hebrews 13:7-16

Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith. 8 Jesus Christ is the same yesterday and today and forever. Do not be carried away by all kinds of strange teachings. It is good for our hearts to be strengthened by grace, not by eating ceremonial foods, which is of no benefit to those who do so. 10 We have an altar from which those who minister at the tabernacle have no right to eat. The high priest carries the blood of animals into the Most Holy Place as a sin offering, but the bodies are burned outside the camp. And so Jesus also suffered outside the city gate to make the people holy through his own blood. Let us, then, go to him outside the camp, bearing the disgrace he bore. For here we do not have an enduring city, but we are looking for the city that is to come. Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name. And do not forget to do good and to share with others, for with such sacrifices God is pleased.

Personal

1. Thank the Lord for being your source of strength through this year's season of consecration and prayer.
2. Celebrate Him for the divine encounters He granted you as you fasted and prayed.
3. Praise Him for answers to your prayers; declare that there will be speedy manifestation of every answer in Jesus' name.

Guidance

4. Worship the Lord for giving you His grace to live a pleasing and acceptable life unto Him.
5. Ask God to cause your paths to cross with destiny helpers; declare that your steps are ordered into beneficial associations.
6. Thank the Lord for giving you the spirit of wisdom and revelation; declare that your eyes will see every opportunity for the progress He brings your way.

Protection

7. Thank God for His ability to deliver you from all harm; praise Him that your life is kept safe under the shadow of His wings.
8. Celebrate the Lord for the lives of the leadership of ICGC; declare that the General Overseer, the Presbytery, Leaders and all Pastors will be preserved from evil in Jesus' name.

Declaration

*Today, I stand on the authority of God's word and declare that I shall see the goodness of the Lord in the land of the living. I commit to walking in purity of heart therefore God's presence shall be with me. I exalt the name of Jesus by which I am saved and boldly declare that I am God's favoured child. I worship the Lord with my thanksgiving in Jesus' name. **Amen!***

(11am - 5pm)

Global Missions

9. Thank the Lord for the many souls to be won to into His kingdom as the church faithfully propagates the gospel.
10. Celebrate God for the shift in the mindset of believers from earthly things to things above.
11. Praise God for stirring the hearts of young people to live their lives in service to the Lord.

Nation Building

12. Extol God for granting your nation and leaders the wisdom for diligent and prudent management of resources for development.
13. Praise God for every prayer offered for the development of indigenous solutions for your country's challenges.
14. Thank God for bringing a speedy recovery of the economy from the impact of the COVID-19 pandemic.

Nations and Presidents

15. Thank the Lord for touching and drawing the hearts of all leaders of nations of the earth to Himself.
16. Praise Him for the exhibition of true servant leadership in the following nations:
 - a. **Venezuela:** Capital – Caracas
 - President – Nicolas Maduro
 - b. **Vietnam:** Capital – Hanoi
 - President – Nguyen Phu Trong
 - Prime Minister – Nguyen Xuan Phuc
 - c. **Yemen:** Capital – Sana'a
 - President – Abdrabbuh Mansur Hadi
 - Prime Minister – Maeen Abdulmalik Saeed
 - d. **Zambia:** Capital – Lusaka
 - President – Edgar Lungu
 - e. **Zimbabwe:** Capital – Harare
 - President – Emmerson Mnangagwa

Declaration

I praise You Father because from everlasting to everlasting You are God; You are the same yesterday, today and forevermore. In the name of Jesus, I decree that this is the season for Your blessing upon the church and upon all nations. There is lasting prosperity on every side and people are blessed. The saints and the nations are consecrated to God and His goodness is multiplied to them in Jesus' name. Amen!

(5pm - 6pm)

Personal Needs

17. Worship the Lord for breaking you free from every persisting situation of stagnation and backwardness.
18. Celebrate Him for touching your imagination and intellect with His hand; receive a new season of creativity and depth of insight.
19. Receive God's angelic visitations henceforth; declare that God's rewards will be delivered to you according to His will for your life and family.
20. Praise God for blessing the work of your hands; declare that you will eat the fruits of your labor.

Thanksgiving

21. Thank God for accepting and receiving you unto Himself.
22. Bless His name for the trustworthy promises He has made to you.
23. Celebrate the Lord for the harvest of souls across the nations.
24. Appreciate God for the grace to fast and pray throughout the 40 days of Power.

Scripture For Reflection

Psalm 116:12-19

What shall I render to the Lord. For all His benefits toward me? I will take up the cup of salvation, And call upon the name of the Lord. I will pay my vows to the Lord Now in the presence of all His people. Precious in the sight of the Lord. Is the death of His saints. O Lord, truly I am Your servant; I am Your servant, the son of Your maidservant; You have loosed my bonds. I will offer to You the sacrifice of thanksgiving, And will call upon the name of the Lord. I will pay my vows to the Lord Now in the presence of all His people, In the courts of the Lord's house, In the midst of you, O Jerusalem. Praise the Lord!

Declaration

*I celebrate the Father of glory, I bless His Holy name for my victories. I thank You for Your amazing grace and mercy by which I have been saved. I declare that I am the righteousness of God in Christ and I reap the blessings purchased for me in Christ's redemption. I declare that every promise tied to my obedience, in these 40 days of Power accrues to me; I have answers to all my prayers. Thank you Father for what you have accomplished in my life these past 40 days. I await a glorious manifestation in Jesus' name. **Amen!***



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